

DECEMBER 2021

DECEMBER 2021

AVIAN FLYER STAFF

EDITOR

Beth Murphy

WRITERS & CONTRIBUTORS

Sandy Foote-Gregory
Beth Murphy
Dan Pitney
Debbie Stout

PUBLISHING AND DISTRIBUTION

Beth Murphy

ARTICLES, ADS AND PHOTOS
ARE WELCOME
AND ENCOURAGED!

INSIDE THIS ISSUE

2021 Officers	Page 2
The Prez Sez	Page 2
Judges In Action Photos November 6, 2021	Page 3
Winning Bird Pictures	Page 4
A Safety Message From Dr. Amy Hopkins, DVM	Page 7
2021 Canary Bands	Page 7
Holiday Safety Information Regarding Your birds	Page 8
December Meeting Info	Page 10
Annual Christmas Potluck Dinner At The Grange!!	

Editor's Note:

Our Treasurer has been out of town, so the next Treasury report will be printed in the January issue!



TIME TO KISS 2021 GOODBYE AND WELCOME 2022

We finish the year out with our annual Christmas Potluck dinner, to be held at the Grange on Sunday, December 12th. Set up will begin at 12 noon (please come and help with that) and dinner begins at 1 p.m. Bring your favorite side dish or dessert to go with the turkey. After dinner there will be a gift exchange (strictly voluntary). If you want to participate bring a wrapped Christmas ornament or decoration worth no more than \$10. It's "bring a gift—get a gift."

After dinner we will have a short meeting, introducing out 2022 club Officers. Thank you to everyone who has stepped up to serve in those capacities. We only get out of the club what we put into it!

Our 2022 officers will be:

President: Sandy Foote-Gregory
Vice President: Maymelle Wong
Treasurer: Carol Groenevelt.
Secretary: Michelle Senior

Board:

Hector Diaz
Cynthia Nelson
Bill Zinke

Most of the inside of this issue is dedicated to sharing some terrific photos that Michelle Senior took at the show. (Looks like we may need to draft her to be our official show photographer for next year!) Thank you for sharing those excellent photos with us, Michelle! Your scatter-brained editor never thought about taking a camera this year. :-)

Vet Dr. Amy Hopkins shares a new warning about the use of aluminum foil on page 7 that everyone will want to read. There is other holiday safety information regarding our birds on pages 8 & 9.

If you are looking for 2022 canary bands, check out the information on page 7.

Merry Christmas & Happy 2022!



2021 Officers

President	Sandra Foote-Gregory	503-792-3582	sfoote@xpressdata.net
Vice President	Maymelle Wong	503-459-8213	mmwong@easystreet.
Show Co-Chair	Dan Pitney	503-866-9524	dspitney@gmail.com
Show Co-Chair	Kristine Rigdon	503-754-8958	krigdon@molalla.net
Secretary	Beth Murphy	503-515-5206	thedovenest@yahoo.com
Treasurer	Carol Groenevelt	360-954-5005	canarypalace@comcast.net
Board Members	Hector Diaz	503-569-6119	diazf47@msn.com
	Sandra Foote-Gregory	503-792-3582	sfoote@xpressdata.net
	Bill Zinke	503-253-3832	billsbirdhouse@aol.com

Committees

Bands:	Norma Hoffmann	360-480-5240	nshoffmann@comcast.net
Membership:	Maymelle Wong	503-234-5512	mmwong@easystreet.net
Sunshine:	Sharon McCadam	360-391-4483	firacres@comcast.net
Newsletter			
Editor:	Beth Murphy	503-515-5206	thedovenest@yahoo.com
Librarian:	Debbie		
Program			
Chairman:	Sandra Foote-Gregory	503-792-3582	sfoote@xpressdata.net
Website			
Coordinator:	Sharon McCadam	360-428-3600	firacres@comcast.net
Facebook:	MariAnn Eierman	253-380-5592	ponytailsranch3@yahoo.com



THE PREZ SEZ



Columbia Canary Club Members:

Happy Holidays. It is that time again where we get to celebrate the season with our friends and family. This year we can have our annual Christmas potluck dinner and gift exchange at the Milwaukie Grange, 12015 SE 22nd Ave. Set up may begin at 12:00pm with dinner served by 1:00pm. Turkey will be provided, with potatoes and gravy. Bring your favorite Christmas side dish or dessert. If you would like to participate in the gift exchange, bring a small (\$10) Christmas ornament wrapped. There will be a short meeting following dinner to introduce our new officers and to thank all those who helped with our annual show.

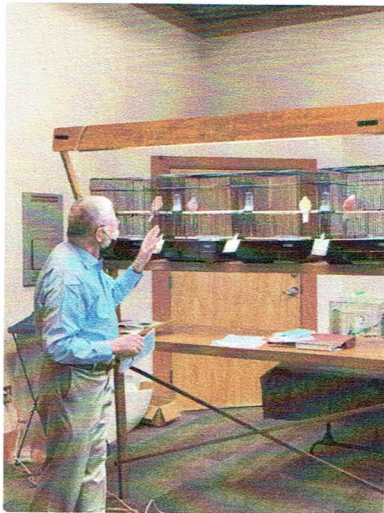
The ramp has not been repaired and may be a problem. They are waiting for a Grant. As this will be our last meeting in the grange, we will need to clear out all of our equipment.

We have the pleasure of a new meeting place for next year. The Clackamas Community Club has rented us the house at 15711 SE 90th Ave, Clackamas, OR. 97015. We will have the same schedule as before (the second Sunday of the month except for Feb., May and December. In February and December we can use the club house on a Saturday for our sale and Christmas party. In May we will meet on the first Sunday of the month. Our January meeting will be Sunday the 9th at 1:00pm.

Sandy



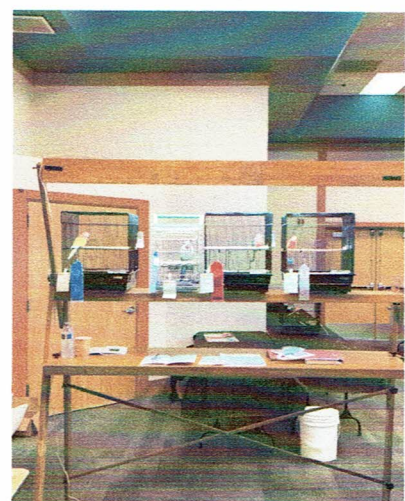
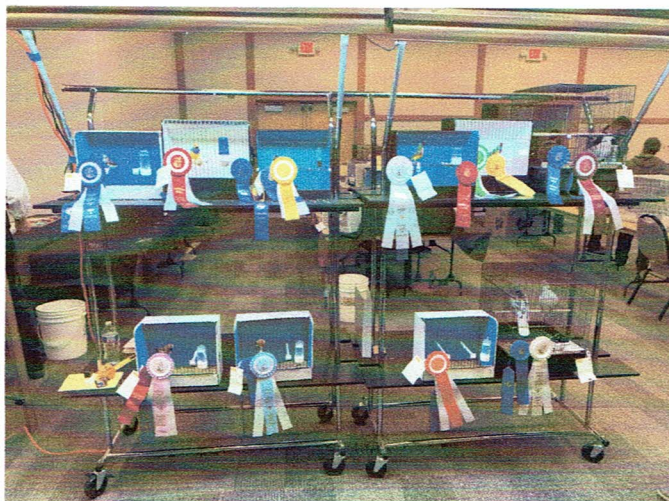
2021 SHOW JUDGES IN ACTION



2021 WINNING BIRD PHOTOS!



2021 WINNING BIRD PICTURES



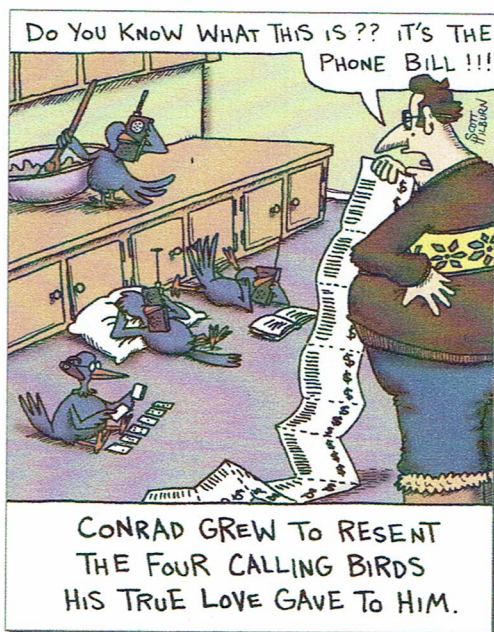
AWARDS PRESENTATION PICTURES



A SAFETY MESSAGE FROM DR. AMY HOPKINS, DVM

On the subject of holiday safety, look closely at your aluminum foil and foil products. Ordinary cheap tin foil or aluminum baking pans are fine. Look at the label. If you see "nonstick" or "release", they are not safe to use around your birds if it will be heated. In this case, cheapest is definitely best!

Bad:



2022 CANARY BAND INFORMATION

Hello fellow Columbia Canary Club members,

I have received our club's 2022 band order for 2,650 CCC bands.

The bands cost 35 cents each. A minimum of 10 bands must be purchased.

Shipping is \$5.00 per order. (If you are paying for orders for two people, please include \$5.00 per person for shipping, since they need to be shipped to different addresses.)

Bands can only be purchased after you have paid your 2022 membership dues.

If you wish, you may pre-order your bands. I will start shipping bands on Monday, December 27th.

If you would like to place an order, please email, call or text me at:

nshoffmann@comcast.net (please note the 2 F's and 2N's in my last name.)

phone: 360-480-5240

Checks or money orders should be made out to: Columbia Canary Club.

I still have 774 bands left for 2021 if anyone is interested in purchasing them.

Looking forward to working with you. Wishing everyone a great 2022 breeding season!

Kind regards,

Norma Hoffmann



Pet Bird Safety: Holiday Hazards

The holidays are in full swing! The days are shorter, many streets are festively festooned, and pumpkin spiced lattes are in hand. Many of you amazing pet bird owners out there will likely include your feathered friends in the festivities this year, as many will be staying home for the holidays due to COVID-19. To help ensure that they too enjoy the cheer, here is a holiday pet bird safety guide!

Seasonal Plants and Decorations

Many of the splendid traditional holiday accents; including festive plants, glittering Christmas trees, twinkling lights, and the smell of cinnamon and cloves from scented candles, may pose a health hazard to many pet birds. Read on to learn how to avoid these holiday hazards for your pet's sake: Decking the halls. As the holiday favorites listed below can pose a health risk to your pets, consider replacing these beautiful plants with artificial silk versions or keeping them in places not accessible to your birds.

Mistletoe is a traditional favorite but may pose a threat if any part of the plant is consumed, even 1-2 berries can be life threatening! Signs that your bird may have eaten this plant include vomiting, diarrhea, respiratory distress (abnormal breathing), and collapse.

Poinsettias are not nearly as toxic as mistletoe but if ingested may cause some gastrointestinal (gut/tummy) upset.

Popular decorative flowers such as chrysanthemum, yew, and lily may add a lovely festive accent in the home but may also cause illness to your pet bird if ingested.

Oh, Christmas tree.

Christmas trees themselves are considered a safe tree for birds but there are a few things to consider before adorning one in your home for the holidays. If your bird finds its way to perch on your tree, be mindful of any tree sap that may stick to your bird's feathers. While perched, your bird may likely peck and nibble at the tree's naturally prickly needles that can cause injury externally and internally if

ingested. Also, Christmas trees themselves may be sprayed with chemicals and the water frequently contains fertilizers to keep them alive through the holidays. Dressing up the tree can be an occasion for joy and expressing your own artistic flare, but take care to avoid spraying white flocking (fake snow) or glitter as these "wow" factors may prove poisonous to birds. Drinking the water from below the tree can be poisonous as well, especially if the tree is a hemlock.

Not all that glitters is gold.

Twinkling lights and gleaming décor can provide a truly winter wonderland atmosphere, but these can break, leaving sharp edges and exposed wire that can quickly become an electrifying or hazardous experience for your beloved bird. Some decorations may contain toxic heavy metals such as zinc. Zinc can be found in candy foil wraps, wine bottles, bells, stained glass, and even some paints. Common symptoms with zinc toxicity include lethargy and weakness. Additionally, your bird can become entangled by ribbons and tinsel. Pecked and shredded decorations may lead to choking or an intestinal blockage. Consider an alternative decoration, such as birdseed ornaments, pine cone feeders, cranberry garlands, and strings of plain air-popped popcorn or unsweetened cereal such as regular Cheerios.

Amazing aromas.

Scented candles, incense, and air fresheners can add a touch of holiday cheer with tantalizing fragrances like fresh baked cookies, maple, and pine. Unfortunately, these products typically contain oils that are poisonous to birds, so be sure to avoid using these while your beloved bird is in the same room. As an alternative, try boiling herbs like cinnamon, cloves, or peppermint. While we are on the topic of stovetop cooking, you may have noticed that some non-stick cookware

(CONTINUED ON PAGE 9)

(CONTINUED FROM PAGE 8)

contains polytetrafluoroethylene (aka PTFE or Teflon), which is the most common inhaled poisoning in companion birds. When Teflon-containing products are heated, they give off toxic fumes that can quickly become deadly to birds. Additional household products that may contain Teflon include heaters, lamps, coated light bulbs, and hair dryers. As mentioned with the scented candles and air fresheners, be sure to only use Teflon containing products when your companion bird is not in the room.

Tasty, but toxic treats.

Many pet owners show their affection by sharing their delightful feast with their favorite companions without realizing the potential dangers. This can prove particularly true during the holiday season. We can't fault you for your kindness; just be sure, if you are sharing, to take great care to choose foods that are not harmful for your pets. The following is a list of some foods dangerous to birds and other pets:

Avocado. A staple in sunny Southern California even during the holiday season. All parts of the avocado plant contain persin, a toxin that has been reported to be a cardiotoxic (toxic to the heart) in birds. Smaller pet bird species like canaries and budgies are considered more likely to become ill. Respiratory distress (trouble breathing) is a typical symptom that can develop within 12 hours after ingestion and death can occur within 24-48 hours. It is a little known fact that even the fumes from cooking avocado (such as deep frying it) can kill birds that are not even in the same room!

Chocolate. Chocolate contains toxic methylxanthines including caffeine and theobromine that may cause your pet to exhibit an increased heart rate, tremors, seizures, and possible death if chocolate is ingested. A general rule of thumb is the purer or darker the chocolate, the higher the potential to be toxic in smaller amounts.

Garlic & onion. Tasty flavor profiles infused with garlic and onion can hit the spot for human palates while posing a threat to your beloved bird. If ingested, especially in their more concentrated forms such as garlic powder or onion soup mixes, may cause digestive issues, lethargy, weakness, increased heart rate, and even sudden death.

Sugar-free foods. Sugar-free foods can contain artificial sweeteners like xylitol that can be toxic to many bird species. If ingested, xylitol can cause severe hypoglycemia (low blood sugar) that may present as incoordination, weakness, collapse, and death.

Additional Considerations

Many vigilant families will be staying home for the holidays this year to keep loved ones safe. If you will be practicing social distancing for the holidays this year, consider using an online video chat platform like Zoom or Skype to celebrate with your loved ones. If you do find yourself hosting some guests in your home, consider these additional precautions. Since this year has meant fewer family and friends in your home these unfamiliar masked guests could cause your feathered friend to become a little stressed. Consider providing a safe and quiet space for your bird, for example, moving their cage into a spare bedroom where guests are unlikely to enter. This can be particularly helpful if any of your guests decide to bring their young children or even their own pets. Prior to the arrival of your guests, consider going over some ground rules regarding your bird companion such as no unsupervised visitation with your bird, no feeding of unauthorized foods, etc.

If you are concerned that any of your pets may have ingested something toxic, immediately contact your trusted veterinarian or the ASPCA animal poison control center at 1-888-426-4435. Please remember that accidents can and do happen, even to the most responsible of bird owners.

DECEMBER MEETING

Our Annual Christmas Potluck Dinner

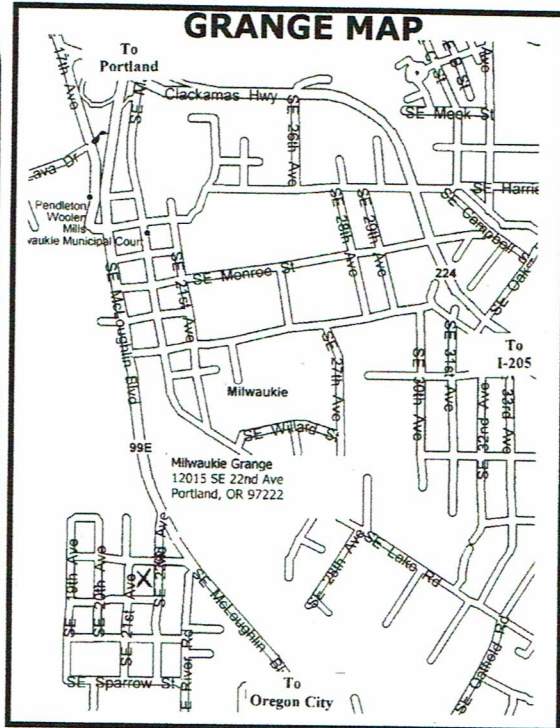
Will be on Sunday, December 12, 2021

Set up will be at 12 noon with dinner starting at 1 pm. Bring your favorite side dish or dessert. 2022 Officers will be introduced at a short meeting after dinner. If you want to join the gift exchange bring a wrapped Christmas ornament under \$10.

YOU DON'T WANT TO MISS THIS!

MILWAUKIE GRANGE DIRECTIONS

Meetings are held at the Milwaukie Grange Hall, 12015 SE 22nd Ave, about a block west of McLoughlin Blvd. (Hwy 99E), just south of downtown Milwaukie. Coming from the North on McLoughlin, turn right onto 22nd, following the sign, "To River Road South." Coming from the South, turn left at the signal near the RR crossing, then left onto 22nd. The Grange is located between Blue Bird and Bob White Streets. Parking is on the West side of the building.



Columbia Canary Club
P.O. Box 2013
Clackamas, OR 97015



Find us on
facebook

